

[Hiring Professional Help for an Insurance Claim](#)

The premiums you pay entitle you to coverage for losses and good service and you should not have to hire professional help to get a claim paid fairly. United Policyholders offers free, “road-tested” tips and information and support to help you be your own best advocate in getting the full benefits of your insurance coverage.

However, if you suffer a major loss involving a large sum of money, you may need to hire a professional help to get a full and fair settlement. Depending on your situation, you may need to hire a public adjuster, a lawyer, a construction estimator, an industrial hygienist or other type of expert. Insurance companies have experts, lawyers and claim professionals protecting their interests. You are entitled to the same. The [UP Professional Help Directory](#) will help you find professional help in your state.

A good first step before hiring is to read the following tips:

Legal Help

- [Hiring an Attorney for an Insurance Claim](#)
- [What to Expect When You're Suing an Insurance Company](#)
- [What's UP with Insurance Class Action Lawsuits?](#)
- [Lawsuit Limitations in Insurance Policies: Protecting your legal rights at the one year anniversary](#)
- [Sample Attorney-Client Fee Agreement](#)
- [Bach Talk: In praise of contingency fees](#)

Claim Help

- [Questions to Ask Before Hiring a Public Adjuster](#)
- [Making the Best Choice When Hiring a Public Adjuster](#)
- [Public Adjusters: The Inside Scoop](#)
- [Well Adjusted: Interviews with Public Adjuster](#)

The information presented in this publication is for general informational purposes and is not a substitute for legal advice. If you have a specific legal issue or problem, United Policyholders recommends that you consult with an attorney. Guidance on hiring professional help can be found in the “Find Help” section of www.uphelp.org. United Policyholders does not sell insurance or certify, endorse or warrant any of the insurance products, vendors, or professionals identified on our website.

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Construction Help

- [Rebuilding 101: A Guide to the Reconstruction Process](#)
- [Guidelines For Reviewing Adjusters' And Contractors' Estimates](#)
- [Questions to ask a contractor](#)

Find Help

Visit the [Professional Help Directory](#) to find businesses and individuals in your state who represent consumer and business policyholders and have committed to support United Policyholders' work as an official Sponsor.