

Ignore Ads When Buying Insurance

“I would encourage people to completely ignore the marketing materials you receive from the insurers. The information is geared to persuade people to buy the product. It doesn’t explain the benefits clearly,” says former industry insider Wendell Potter in a recent [New York Times interview](#). Potter’s advice is sound and clear and fits well with [United Policyholders’ health insurance buying tips](#).

There is an alphabet soup of health insurance options in today’s marketplace: PCIP, HSAs, HMOs, PPOs, high deductible and “limited benefit” plans...And with premiums on the rise, it’s hard for even the most savvy consumer to figure out what makes the most financial sense.

United Policyholders is making it easier for consumers to follow Potter’s advice and [comparison shop by features](#) – not just price. Through our [Roadmap to Preparedness](#) program we’re distributing “side-by-side” buying guides. And through our [Advocacy & Action](#) program we’re pushing for sample policies to be made available to consumers.

The information presented in this publication is for general informational purposes and is not a substitute for legal advice. If you have a specific legal issue or problem, United Policyholders recommends that you consult with an attorney. Guidance on hiring professional help can be found in the “Find Help” section of www.uphelp.org. United Policyholders does not sell insurance or certify, endorse or warrant any of the insurance products, vendors, or professionals identified on our website.

Source: <https://uphelp.org/ignore-ads-when-buying-insurance/> Date: April 17, 2025