

[Thanks for giving!](#)

It's time to give thanks. We are so grateful to all our supporters who generously give their time, experience, expertise and dollars to help United Policyholders be where we are needed.

A special thank you to the volunteers that helped UP tell our story in the above [video](#). Hear people explain in their own words why we are needed and what we do to help impacted households and communities through our Roadmap to Recovery program.

Give me a break...

If your car or home insurance rates are creeping up, raising the dollar amount of your deductible will bring your premiums down without reducing your coverage. For more insurance buying and preparedness tips, read our [Tips From the Trenches](#). They may come in handy during an awkward silence on Turkey Day.

About Giving Tuesday...

On Tuesday, December 3rd, UP will be participating in this global movement for generosity. Take action for disaster survivors and support consumer rights by donating to UP on #GivingTuesday. [Help us spread the word on social media](#). Our strength depends on you!

The information presented in this publication is for general informational purposes and is not a substitute for legal advice. If you have a specific legal issue or problem, United Policyholders recommends that you consult with an attorney. Guidance on hiring professional help can be found in the "Find Help" section of www.uphelp.org. United Policyholders does not sell insurance or certify, endorse or warrant any of the insurance products, vendors, or professionals identified on our website.

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